

## Comprehensive Allergy & Asthma Allergy/Immunology Evaluation

Patient Name: \_\_\_\_\_  
 Date of Birth: \_\_\_\_\_  
 Primary Care Physician: \_\_\_\_\_  
 Referring Physician: \_\_\_\_\_  
 Pharmacy name and number: \_\_\_\_\_

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Height: \_\_\_\_\_  
 Weight: \_\_\_\_\_  
 BP: \_\_\_\_/\_\_\_\_  
 Pulse: \_\_\_\_\_  
 Pox: \_\_\_\_\_

What problem or symptoms are you or your child currently experiencing?  
 \_\_\_\_\_  
 \_\_\_\_\_

When did the symptoms begin? \_\_\_\_\_  
 Are these problems getting worse? \_\_\_\_\_  
 Have you missed school or work? \_\_\_\_\_  
 If yes, how much time was lost? \_\_\_\_\_

### Do you have or experienced any of these symptoms in the past 4 weeks?

<input type="checkbox"/> Cough	<input type="checkbox"/> Sneezing	<input type="checkbox"/> Nasal polyps	<input type="checkbox"/> Rashes
<input type="checkbox"/> Wheezing	<input type="checkbox"/> Runny Nose	<input type="checkbox"/> Poor sense of smell	<input type="checkbox"/> Hives/Swelling
<input type="checkbox"/> Breathless at times	<input type="checkbox"/> Nose Bleeds	<input type="checkbox"/> Sinus infection	<input type="checkbox"/> Swollen Glands
<input type="checkbox"/> Sputum/Phlegm	<input type="checkbox"/> Congestion Nose/sinuses?	<input type="checkbox"/> Blocked ears	<input type="checkbox"/> Itch <input type="checkbox"/> flushing
<input type="checkbox"/> Fatigue When?	<input type="checkbox"/> Itchy nose	<input type="checkbox"/> Headaches	<input type="checkbox"/> Diarrhea
<input type="checkbox"/> Shortness of Breath	<input type="checkbox"/> Post Nasal Drip	<input type="checkbox"/> Skin infections	<input type="checkbox"/> Constipation
<input type="checkbox"/> Tire easily/ Fatigue	<input type="checkbox"/> Tearing/ Watery eyes	<input type="checkbox"/> Joint pain	<input type="checkbox"/> Bad Breath
<input type="checkbox"/> Hoarseness	Sleep problems:	Mood changes:	Heartburn/GERD
<input type="checkbox"/> Snoring			

Pre:  
 FEV1 \_\_\_\_\_ ( )  
 FVC \_\_\_\_\_ ( )  
 PEF \_\_\_\_\_ ( )  
 EF25-75 ( )

### Check any of the following which trigger or cause your symptoms?

<input type="checkbox"/> Grass	<input type="checkbox"/> Horses	<input type="checkbox"/> Humidity	<input type="checkbox"/> Leaves/Hay
<input type="checkbox"/> Mold/Mildew	<input type="checkbox"/> Alcohol ingestion	<input type="checkbox"/> Weather Changes	<input type="checkbox"/> Foods
<input type="checkbox"/> Basements	<input type="checkbox"/> Cleaning Agents	<input type="checkbox"/> Latex	<input type="checkbox"/> Dust
<input type="checkbox"/> Perfumes	<input type="checkbox"/> Strong Odors	<input type="checkbox"/> Cosmetics	<input type="checkbox"/> Newsprint
<input type="checkbox"/> Cats	<input type="checkbox"/> Tobacco Smoke	<input type="checkbox"/> Medications	_____
<input type="checkbox"/> Dogs	<input type="checkbox"/> Cold Air	<input type="checkbox"/> Strong emotions	Other: _____

### Are your symptoms:

Year Round |  Spring |  Summer |  Fall |  Winter

### Are your symptoms worse:

On vacation |  At work |  At school |  With hobbies

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Post
FEV1 _____ ( )
FVC _____ ( )
PEF _____ ( )
EF25-75 ( )

**What helps you with your symptoms?**

\_\_\_ Anti-histamines: \_\_\_\_\_  
 \_\_\_ Nose Sprays: \_\_\_\_\_  
 \_\_\_ Antibiotics: \_\_\_\_\_  
 \_\_\_ Supplements \_\_\_\_\_  
 \_\_\_ Other: \_\_\_\_\_

**Living Environment:**

Type of home: \_\_\_ Home \_\_\_ Apartment \_\_\_ Condo \_\_\_ Dorm  
 Is there a basement? \_\_\_ Yes \_\_\_ No  
 If so, is there any mold or damp smell? \_\_\_\_\_  
 Any problems with: \_\_\_ mice \_\_\_ roaches  
 Tobacco use/exposure: \_\_\_ Nonsmoker \_\_\_ Exposure to 2<sup>nd</sup> hand smoke  
 Former smoker: How long did you smoke? \_\_\_ years When did you quit? \_\_\_\_\_  
 Any indoor plants? \_\_\_\_\_ Any pets? \_\_\_cat(s) \_\_\_dog(s) \_\_\_bird(s)

**Medication/Supplements/Vitamins: Please list all medications and supplements**

Name/Dosage	Frequency	For what condition(s)?

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**Food Allergies/Sensitivites:**

**(Describe reaction: Swelling? Rash? Vomiting? Cough? Anaphylaxis?)**

___ Eggs		___ Melon	
___ Wheat		___ Bananas	
___ Milk		___ Walnuts	
___ Cheese		___ Peanuts	
___ Shellfish		___ Soy	
___ Tomatoes		___ Legumes	
___ Apples		___ Spices	
___ Fish		___	

Patient Name: \_\_\_\_\_

**Drug Allergies/Sensitivities - Please list medications and describe the reaction:**

Medication	Reaction

**Your Health History: Please check the conditions that you have had in the past?**

<input type="checkbox"/> Hypertension	<input type="checkbox"/> Cancer:	<input type="checkbox"/> Kidney Disease	<input type="checkbox"/> Diarrhea
<input type="checkbox"/> Heart Disease	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Acne	<input type="checkbox"/> Eczema
<input type="checkbox"/> Arthritis	<input type="checkbox"/> Thyroid Disease	<input type="checkbox"/> Heartburn	<input type="checkbox"/> Hives
<input type="checkbox"/> Skin Infections	<input type="checkbox"/> Liver Disease	<input type="checkbox"/> Pneumonia	<input type="checkbox"/> Sinusitis
<input type="checkbox"/> Headaches	<input type="checkbox"/> Allergies	<input type="checkbox"/> Asthma	<input type="checkbox"/> Eye Disease
<input type="checkbox"/> Ear Infections	<input type="checkbox"/> Bronchitis	<input type="checkbox"/> Ear Infections	<input type="checkbox"/> HIV/AIDS
<input type="checkbox"/> IBS	<input type="checkbox"/> Crohn's Ds.	<input type="checkbox"/> Ulcerative Colitis	<input type="checkbox"/> Psoriasis

Other \_\_\_\_\_

**Any Surgeries that you have had in the past:**

Sinus     Tonsils     Adenoids     Orthopedic     Other \_\_\_\_\_

**Family History: Please check chronic illness or disease in your family**

<input type="checkbox"/> High blood pressure	<input type="checkbox"/> Cancer	<input type="checkbox"/> Kidney Disease	<input type="checkbox"/> Chronic Diarrhea
<input type="checkbox"/> Heart Disease	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Arthritis	<input type="checkbox"/> Eczema
<input type="checkbox"/> Arthritis	<input type="checkbox"/> Thyroid Disease	<input type="checkbox"/> Heartburn	<input type="checkbox"/> Hives
<input type="checkbox"/> Irritable Bowel	<input type="checkbox"/> Liver Disease	<input type="checkbox"/> Pneumonia	<input type="checkbox"/> Sinusitis
<input type="checkbox"/> Headaches	<input type="checkbox"/> Allergies	<input type="checkbox"/> Asthma	<input type="checkbox"/> Eye Disease
<input type="checkbox"/> Respiratory Infection	<input type="checkbox"/> Bronchitis	<input type="checkbox"/> Ear Infections	<input type="checkbox"/> Immune Deficiency
<input type="checkbox"/> Receive blood products/transfusions	<input type="checkbox"/> Anxiety	<input type="checkbox"/> Depression	<input type="checkbox"/> Other

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<b>Patient Name:</b>	<b>Patient Signature:</b>	<b>Date:</b>
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<b>Physician Name:</b>	<b>Physician Signature:</b>	<b>Date:</b>
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